



Human Performance Immersion (HPI)

Fuel your leaders. **Elevate** your organization.

Today's leaders are **stressed, overwhelmed, and burnt out**, leading to disengagement, poor decision-making, and costly turnover. The ripple effect impacts performance, team morale, and organizational success.

HPI is a high-impact, science-backed leadership development program that transforms how leaders manage **time, energy, and focus**—without added fatigue.

Why Approve This Today

Investing in HPI means securing **measurable, lasting improvements** in leadership effectiveness, workplace culture, and productivity.

- ✓ **Reclaim 5+ Hours Weekly:** Leaders optimize time and cut distractions, saving your company an estimated **\$15K per year per leader**.
- ✓ **Boost Productivity by 20%:** Neuroscience-backed strategies enhance focus and decision-making.
- ✓ **Reduce Burnout & Turnover:** Leaders develop resilience, improving well-being and engagement.
- ✓ **Equip Leaders with Ready-to-Implement Tools:** Participants return with actionable resources to **strengthen their teams immediately**.

Program Highlights

- ✓ **Exclusive 2-Day Intensive + 1:1 Coaching** at the Omni Viking Lakes Hotel
- ✓ **Cutting-Edge Sessions** on AI, strategic replenishment, and high-flow leadership
- ✓ **Expert Facilitators** including guest speaker from NASA
- ✓ **Wellness-Focused Performance Optimization** (restorative massage, heat/cold therapy, and nervous system regulation)
- ✓ **Exclusive Peer Network** of 8–12 senior leaders from top Twin Cities organizations

Limited-Time Pilot Rate – \$5000, now 30% off for just \$3,500

HPI delivers the **high-touch experience of executive coaching** at **half the cost**—with **full-service inclusions** (hotel, meals, workshops, coaching). For a **30% discount**, secure a **no-risk investment** in leadership excellence.

Invest in your leaders. Transform your organization.

📧 Register now at bolsterleadership.com or email contact@bolsterleadership.com